1. tender – caring and loving

2. prompts – words to help you remember something

3. checklist – a list that helps you by reminding you of the things you need to do or get for a particular job or activity

4. champion (v.) – to publicly fight for and defend an aim or principle

5. adapt – to gradually change your behavior and attitudes in order to be successful in a new situation

6. transition – the change from one thing to another

7. long (v.) – to want something very much, especially when it seems unlikely to happen soon

8. entrusted – made someone responsible for doing something important, or for taking care of someone

9. biggie – (slang) something very large, important, or successful

10. dorky – (slang) stupid, unskilled, or unfashionable.

11. accomplished – very skilled

12. hold back – to stop yourself from feeling or showing a particular emotion

13. mushy – expressing or describing love in a silly way; very sentimental

14. pumpkin – a name used when speaking to someone you love
52 Things Kids Need from a Mom
Chapter 1 – Kids Need Their Mom to Pray in Secret with the Door Open

1. in secret – in a private way or place that other people do not know about

2. desperately – in a way that shows you are willing to do anything to change a very bad situation, and not caring about danger

3. fussing – worrying a lot about things that may not be very important; paying too much attention to small unimportant details

4. chaotic – completely confused or disordered

5. predicament – a difficult or unpleasant situation in which you do not know what to do, or in which you have to make a difficult choice

6. crumbling – breaking into a lot of small pieces; becoming weak or failing

7. watcha doin? – what are you doing?

8. squirrelly – restless, unable to stay still

9. coed – a woman student at a university (old-fashioned)

10. fanfare – a lot of activity, advertising, or discussion relating to an event; a short loud piece of music played on a trumpet to introduce an important person or event

11. uptight – tense, nervous; seeming unable to relax

12. warped – bent or twisted so that it is not the correct shape

13. overhear – to accidentally hear what other people are saying, when they do not know that you have heard

14. long-winded – continuing to talk for too long or using too many words in a way that is boring
15. pursue – to continue trying to find out about someone or about a particular subject over a long period of time

16. backdrop – a painted cloth hung across the back of a stage; the conditions or situation in which something happens
52 Things Kids Need from a Mom
Chapter 2 – Kids Need Their Mom to Never Stop Touching Them

1. tuck in – to make a child comfortable in bed by arranging the sheets around them

2. dude – (informal) a general term of address used to a man, woman, or group

3. mock horror – horror that you pretend to feel, especially as a joke

4. dignity – feeling of being worthy of respect

5. intentional – done on purpose, deliberately

6. drifted apart – lost personal contact or closeness over time

7. tousle – to make someone's hair look untidy

8. initiator – someone who thinks of and starts a new plan or process

9. subconscious – the part of your mind that has thoughts and feelings you do not know about; unconscious

10. momentarily – for a very short time; briefly

11. grumpy – bad-tempered and easily annoyed

12. gangly – unusually tall and thin, and not able to move gracefully

13. goofy – silly

14. snuggled – settled into a warm comfortable position

15. hesitancy – a state of doubt or uncertainty

16. cutie-pie – darling; sweetheart; sweetie (often used as a term of endearment)

17. mandatory – something that has to be done
18. pallet – a collection of sheets or blankets placed on the floor for sleeping on; originally filled with straw

19. tapestry – a large piece of heavy cloth on which colored threads are woven to produce a picture or pattern;

20. slipped away – went away quietly
52 Things Kids Need from a Mom
Chapter 3 – Kids Need Their Mom to Hang Hearts of Love Over Their Lives

1. tradition – a belief, custom, or way of doing something that has existed for a long time

2. mobile (n.) – a decoration made of small objects tied to wires or string which is hung up so that the objects move when air blows around them

3. dangling – hanging or swinging loosely

4. turns out – happens in a particular way, or to has a particular result, especially one that you did not expect

5. beam (v.) – to smile very happily

6. hit (n.) – something that is very popular and successful

7. crafted – made something using a special skill, especially with your hands

8. brag – to talk proudly about what you (or someone in your family) have done; boast

9. instantaneous – happening immediately

10. thirst for – to want something very much

11. recognition – public respect and thanks for one's work or achievements

12. sprout (n.) – new growth (as from a plant)

13. trying (adj.) – annoying or difficult in a way that makes you feel worried and tired

14. a bit of a stretch – difficult to do but not totally impossible

15. pulling for – supporting someone or something

16. an eye for detail – noticing details that others might miss
17. graffiti – rude, humorous, or political writing and pictures on the walls of buildings, trains, etc.

18. newfangled – recently designed or produced - usually used to show disapproval or distrust

19. means – a way of doing or achieving something

20. rock (v.) – do very well on

21. HeyTell – a cross-platform voice messenger & walkie talkie that allows you to instantly talk with friends & family who use Android, iOS, and Windows Phone 7 devices with the press of a single button.
1. out of sight – too far away to be seen

2. a bit – a part of something larger; a short scene or episode in a theatrical performance

3. bewildered – totally confused

4. summation – a review of previously stated facts or statements, often with a final conclusion or conclusions drawn from them; more formal than summary

5. sitcom – situation comedy; a funny television program in which the same characters appear in different situations each week

6. terminal (n.) – a big building where people wait to get onto planes, buses, or ships, or where goods are loaded

7. squint – to look at something with your eyes partly closed in order to see better [squinting allows us to see better in two ways: by changing the shape of our eye and letting in a limited amount of light that is more easily focused.]

8. concourse – a large hall or open place in a building such as an airport or train station; a large open space for the gathering of people in a public place

9. sappy – expressing love and emotions in a way that seems silly

10. the “drop and run” – taking a child somewhere and then immediately leaving

11. crazy cold – very cold

12. brood – all the children in a family, especially if there are a lot of them

13. jig – a type of quick, lively, irregular dance

14. retreat (n.) – time away from your ordinary life and situation; often it is a special time to give yourself some peace and calm
52 Things Kids Need from a Mom
Chapter 5 – Kids Need Their Mom to Keep a Date Night With Dad

1. woohoo – an exclamation of joy or approval

2. gleefully – in a very excited and satisfied way; joyfully

3. shoo – to make an animal or a child go away, especially because they are annoying you

4. linger – to stay somewhere a little longer, especially because you do not want to leave

5. patchy – happening or existing in some areas but not in others

6. rearrange – to change the position or order of things

7. non-negotiable – something you refuse to discuss or change; not open to discussion

8. barricade – a temporary or quickly constructed wall or fence across a road, door etc. that prevents people from going through

9. shout-out – a quick public expression of thanks or gratitude

10. affirm – to confirm or declare; to offer someone emotional support or encouragement

11. weary – very tired or bored, especially because you have been doing something for a long time
1. arrghh – an exclamation of annoyance, frustration, or anger

2. can’t bear – can’t stand something; to be so upset about something that you feel unable to accept it or let it happen

3. fabulous – extremely good; wonderful

4. linens – (table linens) all the cloths used during a meal, such as napkins and tablecloths

5. cue the music – give a signal that the music should be played

6. lilting – having a pleasant pattern of rising and falling in one's voice or in music

7. anything goes – anything is permissible or likely to be tolerated; there are no rules

8. acquired – gotten or gained

9. come through – to do what one is expected to do, especially under difficult conditions

10. pull together – to assemble something, such as a meal

11. face time – time that you spend talking to someone when you are with them, rather than on the telephone

12. unfold – develop

13. nonnegotiable – a nonnegotiable principle or belief is one that you refuse to discuss or change

14. straggler – a person or animal that is behind the others in a group, because they are moving more slowly
15. gripes (v.) – complains about something in an annoying way

16. mumbles – says something too quietly or not clearly enough, so that other people cannot understand you

17. sarcastic – saying things that are the opposite of what you mean, in order to make an unkind joke or to show that you are annoyed

18. under their breath – in a very quiet voice or whisper

19. byline – a line at the beginning of an article in a newspaper or magazine that gives the writer's name; motto (a short sentence or phrase which expresses the aims or beliefs of a person, school, or institution); credo (a formal statement of the beliefs of a particular person, group, religion)

20. upbeat – positive and cheerful
52 Things Kids Need from a Mom
Chapter 7 – Kids Need Their Mom to Let Her Yes Be Yes and Her No Be No

1. intention – a plan or desire to do something

2. embellish – to make a story or statement more interesting by adding details that are not true

3. manipulate – to make someone think and behave exactly as you want them to, by skillfully deceiving or influencing them

4. trait – a particular quality in someone's character

5. illusion – something that seems to be different from the way it really is; a false impression of reality

6. spin (n.) – the way someone, especially a politician or business person, talks about information or a situation, especially in order to influence the way people think about it

7. slant – a way of writing about or thinking about a subject that is based on a particular opinion or set of ideas

8. wishy-washy – not having firm or clear ideas and seeming unable to decide what one wants

9. go with the flow – to do what other people are doing or to agree with other people because it is the easiest thing to do

10. hip (adj.) – done according to the latest fashion

11. come unglued – to lose control of your emotions

12. off the hook – freed from an obligation or difficult situation

13. rational – based on reason rather than emotions

14. cleats – a pair of sports shoes with short pieces of rubber or metal attached to the bottom, in order to prevent someone from slipping

15. make good on – to do what you have said you would do
52 Things Kids Need from a Mom
Chapter 8 – Kids Need Their Mom to Be delayed, Rerouted, and Canceled with Poise

1. reroute – send vehicles, planes, telephone calls etc. to a different place from the one where they were originally going

2. itinerary – a plan or list of the places you will visit on a journey

3. happy as clams – very happy [based on the full form of the phrase happy as a clam in mud at high tide (a clam that cannot be dug up and eaten, which therefore could be considered happy)]

4. kiosk – a small structure in a public area used for providing information or displaying advertisements, often incorporating an interactive display screen or screens.

5. modicum – a small amount

6. poise – a calm, confident way of behaving, combined with an ability to control your feelings or reactions in difficult situations

7. cyber – relating to computers, especially to messages and information on the Internet

8. straight-faced – without smiling or laughing, concealing one's true feelings about something, especially a desire to laugh.

9. waive – to state officially that a right, rule etc. can be ignored

10. dumbfounded – extremely surprised

11. countenance – your face or your expression

12. trembling – shaking slightly

13. process (v.) – to deal with an official document, request etc. in the usual way

14. recap – to repeat the main points of something that has just been said
15. play-by-play (adj.) – being a detailed account of each incident or act of an event, as in sports

16. lost it – got very angry; lost one's temper; lost control of oneself

17. aggravation – something that makes one angry and annoyed; something that causes an increase in intensity, degree, or severity

18. misrepresented – deliberately gave a wrong description of someone's opinions or of a situation

19. fray (n.) – an argument or fight

20. cower – to bend low and move back because you are frightened

21. blown it – spoiled your chance of achieving something you wanted because of something you did or said

22. short fuse – if someone has a short fuse, they become angry quickly and often

23. rants – loud, confused, excited speech about something you feel strongly about

24. composure – the state of feeling or seeming calm

25. inevitable – certain to happen and impossible to avoid
52 Things Kids Need from a Mom
Chapter 9 – Kids Need Their Mom to Make Then Wait to Take a Bite

1. ‘course – of course

2. agony – very severe pain; a very sad, difficult, or unpleasant experience

3. inducing – causing; producing

4. rascals – a child who behaves badly but whom you still like

5. determined (adj.) – having a strong desire to do something, so that you will not let anyone stop you

6. well-intentioned – meaning well; having good intentions

7. keep an eye out – to watch carefully for someone or something; to watch for the arrival or appearance of something

8. minisermon – a short talk giving advice; pep talk (a short speech intended to encourage someone to work harder, win a game etc.)

9. grunting – making short sounds or saying a few words in a rough voice, when you do not want to talk

10. word on the street – the current talk or rumors

11. uptight – having strict traditional attitudes and seeming unable to relax; tense, nervous

12. regulatory – has the official power to control an activity and to make sure that it is done in a satisfactory way

13. barbarians – someone who does not behave properly

14. downright – completely

15. to be humbled – to realize that you are not as important, good, kind etc. as you thought you were
16. **scold** – to angrily criticize someone, especially a child, about something they have done; **reprimand**

17. **reprimand** – to tell someone officially that something they have done is very wrong; **scold**

18. **grace** – mercy

19. **all-in-all** – everything considered or taken into account
52 Things Kids Need from a Mom  
Chapter 10 – Kids Need Their Mom to Take Christmas to People Who Have Nothing  

1. compassion – a strong feeling of sympathy for someone who is suffering, and a desire to help them  
2. needy – having very little food or money; needing and wanting a lot of love and attention  
3. want in – to want to be involved in something  
4. toiletry – things such as soap and toothpaste that are used for cleaning yourself  
5. blast – an enjoyable and exciting experience  
6. awestruck – filled with wonder  
7. stacked – put in neat piles  
8. provision – when you provide something that someone needs now or in the future  
9. spooky – strange or frightening in a way that makes you think of ghosts; scary  

10. creaked – if something such as a door, wooden floor, old bed, or stair creaked, it made a long high squeaking noise when someone opened it, walked on it, sat on it etc.  

11. strung out – strongly affected by a drug, so that you cannot react normally; high
52 Things Kids Need from a Mom
Chapter 11 – Kids Need Their Mom to Miss a Few Things They Do Wrong

1. frazzled – feeling tired and anxious, for example after a journey or because you are very busy

2. redirect – to send something or someone in a different direction

3. tactics – methods that you use to achieve a desired result

4. stay on top of – to keep watch over someone or something

5. reputation – the opinion that people have about someone or something because of what has happened in the past

6. on my watch – when you are the one who is in charge or responsible

7. pooped (adj.) – very tired, exhausted

8. elaborate (v.) – to give more details or new information about something

9. to call someone on something – to point out an error or criticize someone for something

10. exasperating – extremely annoying

11. discernment – the ability to make good judgments

12. for that matter – besides; in addition; used to say that what you are saying about one thing is also true about something else

13. intervention – the act of becoming involved in an argument, fight, or other difficult situation in order to change what happens

14. clutter – a large number of things that are scattered somewhere in an untidy way

15. to turn a blind eye – to ignore something and pretend you do not see it
16. flaw – a mistake, mark, or weakness that makes something imperfect

17. give it a rest – stop doing something

18. nitpicking – when someone argues about small unimportant details or tries to find small mistakes in something

19. stop me in my tracks – stop suddenly
1. bleachers – long wooden benches arranged in rows, where you sit to watch sport

2. taking in – observing; absorbing

3. nevertheless – in spite of a fact that you have just mentioned

4. what did it matter? – how could it be important?

5. version – a particular form of something

6. sulky – showing you are annoyed or unhappy silently

7. forfeited – given up or lost a right, position, possession or have it taken away from you because you have broken a law or rule

8. wrap up – finish

9. cut it close – wait too long to do something; to judge or finish something close to its limit

10. fleeting – lasting only a short time; brief

11. manually – operated or done by hand rather than automatically

12. whim – a sudden feeling that you would like to do or have something, especially when there is no important or good reason
52 Things Kids Need from a Mom
Chapter 13 – Kids Need Their Mom to Learn Their Unique Love Language

1. a home run – a complete success

2. count on – rely on or depend on

3. spectrum – a complete range of opinions, people, or situations, going from one extreme to its opposite

4. ambitious – determined to be successful, rich, or powerful

5. sporty – athletic; liking and being good at sports

6. affirmation – the act of expressing positive support and encouragement

7. materialism – the belief that money and possessions are most important

8. full-fledged – completely developed, trained, or established

9. to mean the world to – to be extremely important to

10. rank (v.) – to decide the position of someone or something on a list based on quality or importance
1. run-of-the-mill – not special or interesting in any way; ordinary

2. wadded up – pressed into a small, tight ball

3. slacker – someone who is lazy and does not do all the work they should

4. snickering – laughing quietly and in a way that is not nice at something which is not supposed to be funny

5. drop the ball – make an error; miss an opportunity; to fail in some way

6. catastrophe – terrible event in which there is a lot of destruction, suffering, or death; disaster

7. caper – a planned activity, especially an illegal or dangerous one

8. over the top – excessive or unnecessary

9. stunts – dangerous actions that are done to entertain people, especially in a film; impressive achievements that are done to attract people's attention

10. lavish – large, impressive, or expensive

11. streamers – a long narrow piece of colored paper, used for decoration on special occasions

12. ingenuity – skill at inventing things and thinking of new ideas

13. pull it off – to manage to make something happen; to perform something in spite of difficulties or obstacles

14. wowed – impressed
52 Things Kids Need from a Mom
Chapter 15 – Kids Need Their Mom to Turn Their Beds Down at Night

1. **turn down** – to fold the top covers of a bed down to make it ready for someone to go to sleep

2. **stuck with me** – remained in my thoughts or memory

3. **gesture** – something that you say or do, often something small, to show how you feel about someone or something

4. **housecoat** – a woman's robe or dresslike garment, for casual wear about the house.

5. **selfless** – caring about other people more than about yourself - used to show approval

6. **set the bar** – making a standard or level that other people or things will have to meet

7. **smocking** – a type of decoration made on cloth by pulling the cloth into small regular folds held tightly with stitches

8. **make rounds** – make the usual visits that someone, especially a doctor or a night watchman, regularly makes as part of his job

9. **pamper** – to look after someone with excessive kindness, for example by giving them all the things that they want; spoil

10. **haven** – a place where people or animals can live peacefully or go to in order to be safe

11. **wait-on-them-hand-and-foot** – to do everything for someone so that they do not have to do anything for themselves
52 Things Kids Need from a Mom
Chapter 16 – Kids Need Their Mom to Ride a Roller Coaster… for the First Time

1. kidding – saying something that is not true, especially as a joke

2. play it safe – avoid any risks

3. a long line – a series of people, especially members of the same family, following one another in time

4. integrity – the quality of being honest and strong about what you believe to be right

5. fine and dandy – good, excellent, OK

6. address (v.) – deal with, start trying to solve a problem

7. resolved – made a definite decision to do something

8. relentless – continuing without ever stopping or getting less severe

9. legacy – something that happens or exists as a result of things that happened at an earlier time; anything handed down from the past

10. stifling – very hot and uncomfortable, so that it seems difficult to breathe; crushing

11. hoisted – to raise, lift, or pull up something, especially using ropes

12. hold on for dear life – as if you fear you will die; to hold something or someone as tightly as you can in order to avoid falling

13. petrified – extremely frightened, especially so frightened that you cannot move or think; turned to stone

14. subsided – gradually became less and then stopped; died down

15. recipient – someone who receives something

16. hold back – to hesitate before you do something because you are not sure whether it is the right thing to do
17. chicken – someone who is not at all brave

18. straight off – without hesitation

19. irrational – not based on clear thought or reason

20. confront – to deal with something very difficult or unpleasant in a brave and determined way
52 Things Kids Need from a Mom
Chapter 17 – Kids Need Their Mom to Talk to Them Like They are Fascinating

1. fascinating – very interesting; holds one’s attention

2. quandary – a difficult situation or problem, especially one in which you cannot decide what to do

3. babbling – speech that is quick and difficult to understand; meaningless chatter

4. blur – to become unclear

5. wacky – silly in an exciting or amusing way; crazy

6. elevator music – the type of music that is played in stores and public places, and is usually thought to be boring

7. soothes – makes someone feel calmer and less anxious, upset, or angry

8. a stretch – exaggeration; a reach beyond normal or usual limits

9. kneeling – being in or moving into a position where your body is resting on your knees

10. stooping – bending your body forward and down

11. keepsake – a small object that you keep to remind you of someone or something

12. accumulation – that which has been gradually collected

13. follow-up – an additional question; an action or thing that serves to increase the effectiveness of a previous one, as a second letter, phone call, or visit

14. night owl – someone who enjoys staying awake late at night

15. open up – start to talk freely about something
52 Things Kids Need from a Mom
Chapter 18 – Kids Need Their Mom to Treat Their Friends Like Family

1. babydoll – a term of endearment (words that express your love for someone)
2. drill – the usual way something is done
3. comfy – comfortable
4. hover – stay in one place in the air; stay near by
5. squirrely – not able to stay still; restless
6. put someone to something – to have someone start doing something
7. awkward – not relaxed or comfortable; lacking grace, skill or manners
8. spend the night – stay overnight
9. yikes – said when something frightens or shocks you
10. rummaged – searched for something by moving things around in a careless or hurried way
11. pantry – a very small room or closet where food is kept
12. smorgasbord – a meal in which people serve themselves from a large number of different dishes; buffet
13. lavish – large, impressive, or expensive; very generous
52 Things Kids Need from a Mom
Chapter 19 – Kids Need Their Mom to Cheer Wildly From the Stands

1. spectator – someone who is watching an event or game; audience

2. penalties – disadvantages in sports given to a player or team for breaking rules; a chance to kick the ball or hit the puck into the goal in a game of football, rugby, or ice hockey, given because the other team has broken a rule

3. protocol – a system of rules about the correct way to behave on an official occasion

4. doggone it – an old-fashioned spoken expression used when you are slightly annoyed about something

5. kick in – to start or to begin to have an effect

6. for the record – used to tell someone that what you are saying should be remembered or written down

7. stunning – very surprising, amazing or shocking; very beautiful

8. three-pointer – a field goal worth three points in a basketball game, made from behind a specified line

9. eliminating – getting rid of something unwanted; omitting or removing

10. truth be told – to be honest

11. right off the bat – immediately; first thing

12. zero in on – to be concentrated and focused on a problem, target, or goal

13. lap – one complete time around a track

14. whooping – shouting loudly and happily

15. distracted – having attention taken away from something
16. sheepish – slightly uncomfortable or embarrassed because you know that you have done something silly or wrong
52 Things Kids Need from a Mom
Chapter 20 – Kids Need Their Mom to Give Grace-Filled Consequences

1. consequences – what happens as a result of a particular action or set of conditions; discipline

2. despise – hate; dislike

3. get me down – make me depressed or discouraged

4. confrontational – tending to cause angry disagreements

5. conflict (n.) – a state of disagreement or argument between people, groups, countries, etc.; a situation in which you have two opposite feelings about something

6. administering – giving; dispensing

7. plain (adv.) – (informal) clearly and simply; used to emphasize an adjective, usually one referring to a bad quality

8. dole out – to distribute; to give out in small quantities

9. grace – kindness and mercy

10. frayed – worn out; if someone's temper or nerves fray, they become annoyed

11. heavy-handed – harsh; taking too much action or extreme action, especially without thinking about other people's feelings

12. step up – to improve one's performance or take on more responsibility, especially at a crucial time

13. nonconfrontational – not wanting to engage in conflict

14. off the hook – freed from obligation; released

15. address (v.) – to deal with
16. bark (v.) – to say something quickly in a loud voice

17. sustained – continuing for a long time

18. go overboard – to do far more than is necessary

19. grounded – someone, especially a child, who is grounded is kept indoors as a punishment

20. inmate – someone who is being kept in a prison

21. solitary confinement – a punishment in which a prisoner is kept alone and is not allowed to see anyone else

22. stern (adj.) – serious and strict
52 Things Kids Need from a Mom
Chapter 21 – Kids Need Their Mom to Be a Passionate, Alive, Spiritual Lover of God

1. passionate – having intense emotion or strong feeling

2. downright – completely or thoroughly

3. regrets – sadness that you feel about something, especially because you wish it had not happened

4. paralyzing – bringing to a condition of helpless inactivity or inability to act

5. overwhelmed – feeling something so strongly, you don’t know how to react

6. renown – widespread fame

7. the lifter of your head – Psalm 3:3 (But you, O LORD, are a shield about me, my glory, and the lifter of my head.) – the one who helps you win the battle, who gives you victory and honor

8. pursue – to continue doing an activity or trying to achieve something over a long period of time

9. propensity – a natural tendency to behave in a particular way

10. misery – great unhappiness

11. hand – a single game of cards; the playing cards given to one person in a game

12. yearned – had a strong desire for something, especially something that is difficult or impossible to get

13. countenance – your face or your expression

14. exchanging – to give someone something and receive something different from them

15. level off – to stop rising or falling and become steady
16. with abandon – the feeling of an emotion in a strong and in a carefree way; with abandonment of control
52 Things Kids Need from a Mom
Chapter 22 – Kids Need Their Mom to Indulge Their Silly

1. indulge – to let yourself do or have something that you enjoy, especially something that is considered bad for you; satisfy

2. silly (n.) – enjoyment in acting funny in a cute way

3. witty – using words in a clever and amusing way

4. uptight – having strict traditional attitudes and seeming unable to relax

5. go-to – anything which is the most commonly used or which you use without having to think about it, such as a food, bag, facial expression, etc.

6. slapstick – humorous acting in which the performers fall over, throw things at each other, etc.

7. goofy – stupid or silly

8. goofball – someone who is silly

9. component – one of several parts that together make up a whole

10. studded – decorated with a lot of studs or small jewels [stud = a round piece of metal that is stuck into a surface for decoration]

11. reframe – to revise or reshape

12. pragmatic – dealing with problems in a sensible, practical way instead of strictly following a set of ideas

13. try your patience – to bother you as if testing your patience

14. levelheaded – calm and sensible in making judgments or decisions

15. lighten up – to not be so serious
1. hallelujah – a word used to express thanks, joy, or praise to God

2. fresh out of – having just completed something; having just finished or sold all of something

3. went out the window – if a quality, principle or opportunity went out the window, it disappeared, was lost or was abandoned.

4. something was up – something was happening

5. alternative – different from the (noun) you have and can be used instead

6. exalt – to put someone or something into a high rank or position

7. hype – exaggerated publicity

8. s’mores – (some more) a snack treat of graham crackers, toasted marshmallow, and chocolate

9. have a blast – to have a great time; to have a lot of fun

10. payoff – an advantage or profit that you get as a result of doing something

11. good to go – all ready to go; ready for the situation

12. spooky – strange or frightening in a way that makes you think of ghosts

13. trump (v.) – to do better than someone else in a situation when people are competing with each other; to play a card from the suit that has been chosen to have a higher value than the other suits in a particular game that beats someone else's card in a game

14. simmer – to cook something slowly by boiling it gently
1. blog / blogging – a web page that is made up of information about a particular subject, in which the newest information is always at the top of the page / writing a blog

2. take the plunge – to decide to do something, usually said about doing something that involves some risk

3. access (v.) – to find information, especially on a computer; to make contact with; be able to reach, approach, or enter

4. format (v.) – to arrange the pages of a book or the information on a computer into a particular design

5. savvy – someone who is savvy is clever and knows how to deal with situations successfully

6. bells and whistles – the things that something, especially a device or machine, has or does that are not necessary but that make it more exciting or interesting

7. in awe of – fearful and respectful of someone or something; admiring someone or something very much

8. shoddy – made or done cheaply or carelessly

9. pup tent – a small tent for two people

10. parent (v.) – to be or act as parent of

11. newfangled – recently designed or produced - usually used to show disapproval or distrust

12. legacy – anything handed down from the past
52 Things Kids Need from a Mom
Chapter 25 – Kids Need Their Mom to Become Physically and Emotionally Healthy

1. perimenopause – the period leading up to menopause during which some of the symptoms associated with menopause may be experienced

2. dominate – to have control over or to be the most important thing

3. shoot – informal interjection used to show that you are annoyed or disappointed about something

4. reevaluate – evaluate (to judge how good, useful, or successful something is) again or differently

5. muster – to collect or assemble; produce

6. budge – to move or change

7. constitution – your health and your body's ability to fight illness

8. diligent – hard-working, careful and thorough

9. incorporating – including something as part of a group, system or plan

10. dozing off – going to sleep, especially when you did not intend to

11. night-owl – someone who enjoys staying up late at night

12. arrggghhhh – an exclamation of annoyance or frustration

13. will (v.) – to try to make something happen by thinking about it very hard

14. proactively – in a way that makes things happen or change rather than reacting to events

15. short-tempered – quick to lose one's temper or become angry

16. take hold – become established

17. quick-tempered – easily made angry
52 Things Kids Need from a Mom
Chapter 26 – Kids Need Their Mom to Become Spiritually Healthy

1. spirituality – the quality of being interested in religion or religious matters

2. sneak up on – to approach someone or something quietly and in secret

3. unintentionally – not done deliberately; not planned

4. glare – a long, angry look; stare

5. abrasive – rude or unkind

6. bossy – always telling other people what to do, in a way that is annoying

7. assess – to make a judgment about a person or situation after thinking carefully about it

8. sluggish – moving or reacting more slowly than normal

9. distance (v.) – separate; to keep at a distance

10. grievance – a belief that you have been treated unfairly, or an unfair situation or event that affects and upsets you

11. waned – became gradually less strong or less important

12. invalid (n.) – someone who cannot look after themselves because of illness, old age, or injury

13. indulging – yielding to a desire for something; allowing oneself to enjoy the pleasure of something

14. self-pity – the feeling of being sad and depressed because you think that something unfair or unpleasant has happened to you

15. dig in their heels – to refuse to change their plans or ideas, especially when someone is trying to persuade them to do so; to refuse to yield

16. get around to – to find time to do something
17. forge – to move somewhere or continue doing something in a steady determined way

18. (something) has to go – has to be eliminated or gotten rid of

19. impoverished – very poor

20. My plate is full (to have a lot on my plate) – I am very busy and have commitments
1. **grunt** – to make short sounds or say a few words in a rough voice, when you do not want to talk

2. **inquisitive** – asking too many questions and trying to find out too many details about something or someone; interested in a lot of different things and wanting to find out more about them

3. **fake it** – to pretend (to do something)

4. **in a fog** – unable to think clearly; not paying attention to what is going on around one; not alert

5. **frustration** – the feeling of being annoyed, upset, or impatient, because you cannot control or change a situation, or achieve something

6. **adolescent** – a young person, usually between the ages of 12 and 18, who is developing into an adult

7. **neurologist** – a doctor who specializes in treating diseases of the nervous system

8. **rewiring** – putting new electric wires in a building, machine, light etc.; connections between neurons in your brain are changing

9. **countenance** – your face or your expression

10. **dissuade** – to convince someone not to do something

11. **brain fog** – a condition that affects all ages and which is characterized by confusion, decreased clearness of thought, and forgetfulness

12. **chatty** – liking to talk a lot in a friendly way

13. **weirdo** – someone who wears strange clothes or behaves strangely

14. **dork** – someone who you think is or looks stupid; a silly, out-of-touch person who tends to look odd or behave ridiculously around others
15. stall out – to stop making progress or developing

16. moodiness – quality of having quickly changing emotions

17. transitions – when something changes from one form or state to another

18. fickle – always changing one’s mind about people or things that they like, so that you cannot depend on them

19. wishy-washy – not having firm or clear ideas and seeming unable to decide what one wants

20. misguided – intending to be helpful but in fact making a situation worse; showing faulty judgment or reasoning; mistaken
52 Things Kids Need from a Mom
Chapter 28 – Kids Need Their Mom to Make a Big Deal Out of God

1. big deal – something very important

2. optional – if something is optional, you do not have to do it or use it, but you can choose to if you want to

3. mean it – to be serious about what you are saying or writing

4. setting the tone – establishing the way an event or activity will continue, especially the mood of the people involved

5. in charge – in control of someone or something; having the responsibility for someone or something

6. obnoxious – very offensive, unpleasant, or rude

7. pushy – trying too hard to persuade someone to do something

8. legalistic – too concerned about small legal rules and details

9. filtered through – to be allowed to pass through something or to find a way through something

10. grid – a framework of crisscrossed or parallel bars; a grating or mesh

11. surrendered – allowing yourself to be controlled or influenced by something

12. saint – someone who is extremely good, kind, or patient

13. in awe – a feeling of great respect and liking for someone or something

14. sound / soundly – deeply and peacefully

15. hip (adj.) – doing things or done according to the latest fashion; cool

16. option – choice; optional

17. vibrant – full of activity or energy in a way that is exciting and attractive; lively
18. trump – to do better than someone or something else in a situation when people are competing with each other

19. make the call – make the decision

20. stand on my head – perform a difficult task

21. pitiful – very bad in quality

22. rocks (v.) – said to show that you strongly approve of someone or something

23. track down – to find someone or something that is difficult to find by searching or looking for information in several different places

24. out-of-place – uncomfortable in a particular situation or place, or feeling like they do not belong there
52 Things Kids Need from a Mom
Chapter 29 – Kids Need Their Mom to Keep Her Promise

1. board (v.) – to pay money and arrange for an animal to stay somewhere

2. sanity – the condition of being mentally healthy

3. nonshedding – not likely to shed; not having hair that falls out easily

4. approved – officially accepted

5. lost one’s mind – to become crazy; to start behaving in a silly or strange way

6. winding – twisting, bending or turning

7. piped up – suddenly said something, esp. when you had been quiet until then

8. to go along with – to agree with someone or agree to something

9. meandered – walked somewhere in a slow relaxed way rather than take the most direct way possible

10. halfhearted – without enthusiasm or energy

11. breeder – someone who keeps animals or plants in order to produce babies or new plants

12. to be beside oneself – to have an emotion so strongly that it is almost out of control; almost out of one's senses from a strong emotion, as from joy, delight, anger, fear, or grief

13. beaming – smiling very happily

14. good intentions – plans to do something good or positive

15. integrity – the quality of being honest and strong about what you believe to be right
52 Things Kids Need from a Mom
Chapter 30 – Kids Need Their Mom to Wait on Them Hand and Foot…When They Are Sick

1. wait on them hand and foot – to do everything for someone so that they do not have to do anything for themselves

2. encountered – experienced or met with something or someone

3. pampered – looked after very kindly, for example by giving them the things that they want and making them feel warm and comfortable

4. fuss over – to give a person or animal too much attention because you want to show that you like him, her, or it

5. sniffle (n.) – an act of sniffing slightly and repeatedly because of a cold or crying; a mild cold

6. diagnosed – identified the nature of (an illness or other problem) by examination of the symptoms.

7. capacity – ability to do something

8. conversion – when you change something from one form, purpose, or system to a different one

9. sickbed – the bed where a sick person is lying

10. comfy – comfortable

11. stirring – moving slightly

12. tucking – pushing the edge of a piece of cloth or paper, into or behind something so that it looks tidier or stays in place; making someone comfortable in bed by arranging the sheets around them

13. dim (v.) – turn down; make less bright

14. nibbling – taking small bites

15. icky – very unpleasant, especially to look at, taste, or feel; yucky
16. proponent – someone who supports something or persuades people to do something

17. pull out all the stops – to use everything available; to not hold back; to do everything you can

18. spoil rotten – to do whatever someone wants you to do or to give them anything they want

19. inevitable – certain to happen and impossible to avoid

20. lavish (adj.) – very generous; expensive, beautiful
52 Things Kids Need from a Mom
Chapter 31 – Kids Need Their Mom to Tell Them to Buy Another Token and Keep Swinging

1. token – a round piece of metal that you use instead of money in some machines

2. tryouts – a time when people who want to be in a sports team, activity etc. are tested, so that the best can be chosen

3. batting cage – an area for batting practice that is enclosed by fencing or netting

4. putt-putt – miniature golf

5. intimidated – feeling worried and lacking confidence because of the situation you are in or the people you are with

6. unfazed – not confused, worried or shocked by a difficult situation or by something that has happened

7. hoopla – excitement about something which attracts a lot of public attention

8. here’s the thing – used to introduce an explanation or to emphasize the importance of what you are saying

9. to get to – to have an effect or influence on

10. whacked – hit something really hard

11. bummed – annoyed, upset, or disappointed

12. rained out – cancelled because of rain

13. whiffed – swung hard and missed the ball

14. Derek Jeter – an American former professional baseball shortstop who played 20 seasons in Major League Baseball for the New York Yankees

15. blister – a swelling on your skin containing clear liquid, caused for example by a burn or continuous rubbing
16. **sweet spot** – the point or area on a bat, club, or racket at which it makes most effective contact with the ball

17. **don’t give a hoot** – to not care at all about someone or something

18. **borderline** – very close to not being acceptable; almost

19. **free throw** – foul shot; a throw from the foul line given a basketball player after a foul has been called against an opponent
52 Things Kids Need from a Mom
Chapter 32 – Kids Need Their Mom to Pray Them Home and for the Will of God

1. understatement – a statement that is not strong enough to express how good, bad, impressive etc. something really is

2. devastated – feeling extremely shocked and sad

3. hindsight – the ability to understand a situation only after it has happened

4. bring (something) up – to introduce something into a discussion; mention

5. stubborn – determined not to change your mind, even when people think you are being unreasonable

6. refining – improving something by gradually making slight changes to it; bringing to a pure state

7. paced – walked first in one direction and then in another many times, especially because you are nervous

8. pouted – showed you were annoyed or unhappy by pushing out your lower lip

9. pity party – an episode of being sad and depressed because you think that something unfair or unpleasant has happened to you; feeling sorry for yourself

10. sold out – completely committed

11. a 180 – a sudden change from a particular opinion, decision, or plan to an opposite one

12. radically – thoroughly

13. entrust – to make someone responsible for doing something important, or for taking care of someone

14. prodigals – sons or daughters who have left their families in order to do something that the families disapprove of
15. oversee – supervise

16. went home to be with the Lord – died and went to Heaven

17. assurance – a promise that something will definitely happen or is definitely true; confidence or certainty

18. compromising – proving that you have done something morally wrong or embarrassing, or making it seem as if you have done so

19. havens – places where people can live peacefully or go to in order to be safe
52 Things Kids Need from a Mom
Chapter 33 – Kids Need Their Mom to Be a “Groovy” Mom

1. groovy – fashionable, modern, and fun (used especially in the 1960s)
2. member – a person that belongs to a group or organization
3. bed head – messy hair from sleeping
4. mismatched – a combination of things that do not work well together
5. updating – making something more modern in the way it looks or operates
6. fine and dandy – very good; all right
7. hip (adj.) – doing things or done according to the latest fashion; cool
8. run by – to come to a place for a brief period of time
1. pings – makes a short high ringing sound

2. filter (v.) – to remove unwanted substances from water, air etc. by passing it through a special substance or piece of equipment

3. distracting – taking someone's attention away from something by making them look at or listen to something else

4. discernment – the ability to make good judgments

5. unwavering – steady, unchanging, never moving

6. accuser – someone who says you are guilty of a crime or doing something bad

7. deceiver – someone who makes you believe something that is not true

8. sift – to examine information carefully in order to find something out or decide what is important and what is not

9. conviction – a very strong belief or opinion

10. shame – the feeling you have when you feel guilty and embarrassed because you, or someone who is close to you, have done something wrong

11. bondage – the state of having your freedom limited, or being prevented from doing what you want; slavery

12. misguided – intended to be helpful but in fact making a situation worse

13. promotes – helps something to develop or increase

14. prompts – assists or encourages someone to decide to do something

15. repentance – turning from evil or sin, and turning to God or good
16. condemned – sentenced to punishment, particularly death

17. a loser – a person who is unable to be successful in life and social situations; someone who does not seem to belong in a particular group of people, and who is not accepted by that group
Chapter 35– Kids Need Their Mom to Believe in Their Strengths and Speak Life into Their Gifts

1. influencer – a person who has the ability to influence the behavior or opinions of others

2. discern – to notice or understand something by thinking about it carefully

3. abused – treated in a cruel and violent way

4. going on – talking a lot and quickly

5. gifting – (usual meaning – presenting someone with a gift) – in this chapter it means the skills and abilities one has been given by God

6. process (v.) – to handle or deal with information

7. for the most part – in most cases; usually; in general

8. longings – strong feelings of wanting something or someone

9. ambition – a strong desire to achieve something

10. brokenness – a feeling of sadness and mental and physical weakness because you have suffered

11. get caught up in – get deeply involved with something; become so involved in an activity that you do not notice other things

12. nada – nothing (from Spanish)

13. tolerable – not very good, but you are able to accept it

14. jump shot – in basketball, a shot made by a player at the highest point of a jump

15. inclination – a feeling that makes you want to do something; a tendency to think or behave in a particular way
16. craftiness – skillful in craft activities; (often means – to be good at getting what you want by clever planning and by secretly deceiving
17. futile – useless because it has no chance of being successful; pointless
18. champion (v.) – to publicly fight for, support and defend
19. dead-end (adj.) – having no possibility for or hope of progress, advancement, etc.
20. the lay of the land – the general state of affairs under consideration; the facts of a situation
21. home base – home plate in baseball; a place of safety and success
22. exert – to make a physical or mental effort
23. maneuver – to move or turn skillfully
24. interaction – an occasion when two or more people or things communicate with or react to each other
25. weariness – extreme tiredness
26. hootin’ and hollerin’ – hooting and hollering; shouting and screaming with enthusiasm
52 Things Kids Need from a Mom
Chapter 36– Kids Need Their Mom to Make a Home Where Grace Lives

1. grace – kindness and love; willingness to forgive

2. immaculate – very clean and neat

3. handy – 1)good at using something, especially a tool; 2) convenient; 3) useful

4. yard people – people who think taking care of their yard and lawn is very important and who do a good job of taking care of their yard

5. intimidated – feeling worried and lacking confidence because of the situation you are in or the people you are with

6. soaking up – enjoying something

7. sheer – complete, total

8. inclination – a tendency to think or behave in a particular way

9. track in – to make marks or footprints of something such as mud or dirt on the floor

10. set aside – to ignore or not think about a particular fact or situation

11. treasure (v.) – to keep and care for something that is very special, important, or valuable to you; to value something highly

12. sarcasm / sarcastic – saying things that are the opposite of what you mean, in order to make an unkind joke or to show that you are annoyed

13. quarrelsome – tending to repeatedly argue with other people

14. pick on – to keep treating someone badly or unfairly, especially by criticizing them

15. belittle – to make someone or something seem small or unimportant

16. all in fun – without intention to harm or hurt
17. shortcomings – faults or weaknesses that make someone or something less successful or effective than they should be

18. snicker – to laugh quietly and in a way that is not nice at something which is not supposed to be funny

19. icky – very unpleasant, especially to look at, taste, or feel

20. pantry – a very small room or closet in a house where food is kept

21. drenched – covered with a lot of a liquid; soaked; completely covered or surrounded

22. impart – to give information, knowledge, wisdom etc. to someone
1. final say – the final point (in an argument); the final decision; the last word
2. pigtails – braid or ponytail, especially one of a pair worn one on each side of the head.
3. jungle gym – a large frame made of metal bars for children to climb on
4. slalom – a race that follows a zigzag (winding) course, laid out with markers such as flags
5. trump card – a card from the suit that has been chosen to have a higher value than the other suits in a particular game; something that you can do or use in a situation, which gives you an advantage
6. on their behalf – in place of them; for the benefit of them
7. let the rope out – relaxed one’s hold on; given more freedom
8. integrity – the quality of being honest and strong about what you believe to be right
9. for the time being – for now; for the moment; temporarily
10. savvy – clever and knowledgeable
11. resolve differences – to solve or end a problem or disagreement
12. to be torn – divided or undecided
13. hemmed and hawed – was hesitant and had trouble making a decision
14. put her out of her misery – to end the suffering of an animal in pain; to end someone’s feeling of suspense or worry
15. hazing – playing tricks on a new student or to making them do silly or dangerous things, as part of joining the team or a club at the school
16. initiating – the action or ritual of admitting someone into a secret society or group

17. pranks – tricks that are intended to be amusing and often to make someone look foolish

18. You name it – anything; used to say there are many things to choose from

19. with a vengeance – using a lot of effort, energy, or time; with great force or extreme energy
1. regrets – a feeling of sadness about something sad or wrong or about a mistake that you have made, and a wish that it could have been different and better

2. appropriate – correct or suitable for a particular time, situation, or purpose

3. for starters – as a beginning, with more to follow; used to say that something is the first in a list of things

4. keep (something) to myself – to not tell anyone else about something

5. uncool – not fashionable or acceptable; embarrassing

6. take a second look – look twice because you are interested or attracted

7. misconception – an idea which is wrong or untrue, but which people believe because they do not understand the subject properly

8. it grieves me – it makes me feel very unhappy

9. countenance – your face or expression (countenance can also be a verb that means to accept, support, or approve of something)

10. judgmental – criticizing people very quickly; tending to form opinions too quickly, esp. when disapproving of someone or something

11. needless to say – It is so obvious that it doesn't need to be said, but....; obviously

12. pull it together – put on make-up, fix your hair nicely, and put on a fashionable outfit (pull it together usually means: become calm or regain control of your emotions)

13. kick into high gear – move to a state of maximum activity, energy, or force
14. caring for the temple – taking care of your body (based on:

1 Corinthians 6:19-20  (New International Reader's Version )

19  Don’t you know that your bodies are temples of the Holy Spirit? The Spirit is in you, and you have received the Spirit from God. You do not belong to yourselves. 20  Christ has paid the price for you. So use your bodies in a way that honors God.

15. toxic – poisonous; (informal) causing you a lot of harm and unhappiness over a long period of time

16. brilliance – a very high level of intelligence or skill; very great brightness

17. Redeemer – someone who frees someone from the power of evil; Jesus Christ, who frees people from sin by his death on the cross
1. make a big deal out of (something) – treat (something) as if it were very important; also used in a negative way – to get too excited or upset about something, or make something seem more important than it is

2. extended family – a family that includes not only parents and children but also other relatives (such as grandparents, aunts, or uncles)

3. light up – (with reference to a person's face or eyes) suddenly become or cause to be filled with liveliness or joy

4. gap – a space between two objects; a big difference between two situations, amounts, or groups of people

5. generation gap – the lack of understanding or the differences between older people and younger people

6. viable – capable of working successfully

7. make a point to – to be certain to do something that you think is important

8. shady – probably dishonest or illegal

9. hilarious – extremely funny

10. lineage – the way in which members of a family are descended from other members; ancestry

11. traits – particular qualities in someone's character; the things that make you “you”

12. irreplaceable – too special, valuable, or unusual to be replaced by anything else; impossible to replace

13. penchant – a strong or habitual liking for something or tendency to do something; if you have a penchant for something, you like that thing very much and try to do it or have it often
14. budge – to move, or to make someone or something move
15. mending (noun) – clothes that need to be repaired
16. quirky – unusual, especially in an interesting way
Chapter 40– Kids Need Their Mom to Teach Them How to Keep Their Money Straight, in Order, Facing the Same Direction

1. stickler – someone who believes in closely following rules or in maintaining a high standard of behavior
2. wad – a number of usually flat and/or small objects pressed tightly together; a mass of something folded and pressed together
3. wadder – someone who wads things
4. neat and tidy – orderly and clean
5. a hoot – very funny; amusing
6. nightstand – a small table beside a bed
7. crumple – to crush something so that it becomes smaller and bent
8. tithe – to pay or give a tenth part of, especially for the support of the church
9. straightforward – simple and easy to understand
10. ascending order – arranged from the smallest to the largest number
11. get it – to understand it
12. steward – one who manages another's property, finances, or other affairs
13. pouting – push out your lower lip because you are annoyed or unhappy
14. entitlement – something, often a benefit from the government, that you have the right to have
15. in over one’s head – to be involved in a difficult situation that you cannot get out of
16. string trimmer – a tool which uses a flexible monofilament line instead of a blade for cutting grass and other plants near objects, or on steep or irregular terrain; also called weed whacker or weed eater
17. bistro – a small restaurant or bar
52 Things Kids Need from a Mom
Chapter 41– Kids Need Their Mom to be Patient about Things Like Thumb-Sucking and Pacifiers

1. in just a matter of minutes – in only a few minutes

2. in utero – in a woman's uterus; before birth

3. obsession – an extreme unhealthy interest in something or worry about something, which stops you from thinking about anything else

4. transition (v.) – to make a change from one thing or condition to another

5. orthodontia – treatment for the correction of irregularly aligned teeth, usually involving braces and sometimes oral surgery; also orthodontics

6. wavered – became weaker or less certain

7. gave out – lasted no longer, or to worked no longer; was completely used up

8. affliction – something that causes pain or suffering, especially a medical condition

9. relapsed – fell or slipped back into a former condition or practice (as of illness or behavior)

10. retrieved – found something and brought it back

11. under the cover of night – hidden by darkness

12. stash (n.) – an amount of something that is kept in a secret place

13. buckteeth – teeth that stick forward out of your mouth

14. conscientious – careful to do everything that it is your job or duty to do

15. noble – morally good or generous in a way that is admired

16. aspirations – things you hope to achieve
17. self-imposed – decided by yourself, without being influenced or ordered by other people

18. eating someone’s lunch – to defeat, outwit, or win against someone

19. pretense – a way of behaving which is intended to make people believe something that is not true

20. poised – not moving, but ready to move or do something at any moment

21. chill (v.) (informal) – calm down, relax

22. lay down – set aside; give up; surrender
52 Things Kids Need from a Mom
Chapter 42– Kids Need Their Mom to Let Them Make Really Dumb Mistakes Without Condemnation

1. condemnation – an expression of very strong disapproval of someone or something

2. fume – feel, show, or express great anger

3. stomp – to walk with heavy steps or to put your foot down very hard, especially because you are angry

4. for crying out loud – said when you are annoyed, and to emphasize what you are saying

5. doggone it – an exclamation of annoyance or disappointment, used to express frustration

6. consequence – something that logically or naturally happens as a result of a particular action or set of conditions

7. certifiable – proven

8. blown it – failed to take advantage of an opportunity by doing or saying something wrong; messed up; made a big mistake

9. unfold – to develop or become clear

10. learn the hard way – to discover what you need to know through experience or by making mistakes

11. let it slide – to not do anything about something or someone when you should try to change or correct that thing or person

12. bend the rules – to allow something to be done that is not usually allowed

13. flat-out – total, or expressed in a clear and certain way; as fast or as hard as possible

14. adhere – to stick or hold firmly
15. belittling – making someone or something seem small or unimportant

16. ledger – a book in which things are regularly recorded, especially business activities and money received or paid

17. the slate needs to be wiped clean – to forget all past problems or mistakes and start something again; to start a new and better way of behaving, forgetting about any bad experiences in the past
52 Things Kids Need from a Mom
Chapter 43– Kids Need Their Mom to Introduce Them to Her Friend Named Jesus

1. single-most – by far the most important; considered by itself or separate from other things

2. blow it – to lose an opportunity to do something by doing or saying the wrong thing

3. Redeemer – the One who buys back or repurchases mankind from the bondage and guilt of their sins, by dying in their place

4. impart – to give information, knowledge, wisdom to someone

5. investigate – to examine something carefully, especially to discover the truth

6. go for it – to do anything you have to in order to get something

7. jump through hoops – to do a lot of difficult things before you are allowed to have or do something you want

8. tricky – something that is difficult to deal with or do because it is complicated and full of problems

9. hesitant – uncertain about what to do or say because you are nervous or unwilling

10. vibrant – full of activity or energy in a way that is exciting and attractive; bright
set the tone – to establish a particular mood or character  (mood – the way a place makes you feel)

2. dragged – moved somewhere with difficulty, especially because you were ill, tired, or unhappy

3. lug – to pull or carry something heavy with difficulty

4. morsels – very small amounts of something, especially small pieces of food

5. luxuriously – very comfortably

6. cushy – very easy; making few demands

7. droopy – hanging down heavily

8. lethargic – feeling as if you have no energy and no interest in doing anything

9. poops (short for “party poopers” – people who spoil other people's enjoyment by disapproving of or not taking part in a particular activity

10. here’s the deal – Here is the plan or the way it is.

11. moody – often changing quickly from being in a good temper to being in a bad temper

12. hormonal – having behavior that is controlled by one’s hormones (chemical substances produced by your body that influence its growth, development, and condition)

13. sluggish – moving or reacting more slowly than normal

14. chart the course – to plan something in detail; to make the plans for others to follow
15. tone it down – to cause something to have less of an impact on the senses of sight or sound; to lessen the impact of something

16. obnoxious – very offensive, unpleasant, or rude

17. eye-rolling – moving your eyes around in a circle because someone has said or done something stupid or strange

18. dissuade – to convince someone not to do something

19. dorks – people behave awkwardly around other people and usually have unstylish clothes, hair, etc.

20. insecurities – lack of confidence about yourself, your abilities, or your relationships with people

21. sleepyheads – people who are tired and look ready to sleep

22. diminished – made smaller or less

23. mundane – ordinary and not interesting or exciting

24. taking no offense – not feeling insulted by someone or something

25. offended – angry and upset by someone's behavior or remarks

26. perpetually – continuously
Chapter 45–Kids Need Their Mom to Genuinely Respect All People, Cultures, Denominations, and Creeds

1. genuinely – done in a way that's real and true

2. denominations – religious groups whose beliefs differ in some ways from other groups in the same religion

3. creed – a statement of the basic beliefs of a religion; an idea or set of beliefs that guides the actions of a person or group

4. encountered – met someone without planning to

5. ridiculed – laughed at someone or something in an unkind way; mocked or made fun of

6. put all one’s chips on the table – commit to a bold move (to bet all the chips you have in a poker game)

7. shrugged – raised and then lowered your shoulders in order to show that you do not know something or do not care about something

8. bar mitzvah – the religious ceremony held when a Jewish boy reaches the age of 13 and is considered an adult

9. whew – sound used when you are surprised, very hot, or feeling glad that something bad did not happen

10. take hold – to become established; to start to have an effect

11. tenants – (typo for the word tenets)

12. tenets – principles or beliefs, especially the main principles of a religion or philosophy

13. berate – to speak angrily to someone because they have done something wrong; to criticize someone in an angry manner

14. steadfast – faithful and very loyal; not changing
15. argumentative – quick to disagree and argue

16. work up one’s nerve – to be brave; to have courage

17. the afflicted – those who are suffering physically or mentally
Chapter 46– Kids Need Their Mom to Teach the Boys How to Love a Wife

1. calculating (verb) – judging the number or amount of something by using the information that you already have, and adding, taking away, multiplying, or dividing numbers

2. intentional – planned; to have something in your mind as a purpose

3. belittle – to make someone or something seem unimportant

4. mumble – to speak quietly or in an unclear way so that the words are difficult to understand

5. feign – to pretend to have a feeling or condition

6. streamers – long narrow pieces of colored paper, used for decoration on special occasions

7. girly – suitable only for girls rather than men or boys

8. goofy – silly

9. resent – to feel angry or upset about a situation or about something that someone has done, especially because you think that it is not fair

10. demean – to cause someone to become less respected

11. crave – to have an extremely strong desire for something

12. own your faults – admit your mistakes and weaknesses

13. lavish (verb) – to give someone or something a lot of love, praise, money etc.
52 Things Kids Need from a Mom
Chapter 47– Kids Need Their Mom to Teach the Girls How to Love a Husband

1. desperately – extremely or very much
2. a crazy woman – a woman who is really happy and excited to be in love
3. flaws – faults or weaknesses
4. misplaces – puts in the wrong place and loses temporarily because of this
5. vow – a serious promise
6. major on – to pay particular attention to
7. respect – admiration for someone or something that you believe is good, valuable or important
8. light up – look happy, show pleasure or excitement
9. condemning – expressing strong disapproval
10. in process – begun, and not completed
11. cherished – kept in your mind because it is important to you and brings you pleasure
12. moan – to make a long, low sound because of pain or suffering, or to say something in a complaining way
13. get around to – to find time to do something
14. bashing – attacking and criticizing verbally
15. negativity – an attitude that is not hopeful or enthusiastic; expressing criticism and pessimism
16. repentance – sincere regret and remorse and turning away from a wrong course of action
52 Things Kids Need from a Mom
Chapter 48– Kids Need Their Mom to Identify the Characteristics of a Fool and Tell Them What to Do When They Meet One

1. naïve – too ready to believe someone or something, or to trust that someone’s intentions are good, esp. because of a lack of experience

2. suspicious – feeling doubt or a lack of trust

3. taken aback – to be surprised or confused by something unexpected

4. deception – the act of hiding the truth, especially to get an advantage

5. imposters – a person who pretends to be someone else in order to deceive others

6. trickster – a person who deceives people or plays tricks

7. slick – clever and good at persuading people but probably not honest or sincere

8. heartache – feelings of great sadness

9. unrighteous – sinful; wicked

10. mock – to try to make someone or something seem foolish or ridiculous; laugh at, make fun of

11. arrogance – being proud in an unpleasant way and behaving as if you are better or more important than other people

12. waiting for one’s “ship to come in” – when one becomes rich and successful

13. spouts – says or repeats something, often in a way that is annoying for other people

14. unreliable – not able to be trusted or believed

15. archer – a person who shoots with a bow (= long stick held bent by a string tied to the ends) and arrow, usually for sport
16. strife – angry disagreement or violent actions

17. scoffer – one who speaks about someone or something in a way which shows that he has no respect for that person or thing

18. contention – disagreement resulting from opposing arguments

19. folly – a foolish action or belief; lack of good sense

20. abounds – exists in large numbers

21. entanglement – a situation or relationship that you are involved in and that is difficult to escape from
1. know a thing or two – to have a lot of practical skills and knowledge learned through experience

2. clarity – the quality of being clear and easy to understand, see, or hear

3. prompt (n.) – something serving to suggest or remind

4. tune out – to ignore someone or not give your attention to something or to what is happening around you

5. reissue – to print or produce again

6. cleats – shoes with small, pointed objects that stick out from the bottom for playing soccer, baseball, football etc.

7. exasperate – to cause anger or extreme annoyance in someone

8. throw-down (n.) – a performance or competition

9. concise – expressing what needs to be said without unnecessary words; short and clear

10. brevity – the use of few words

11. frill – something additional that is not necessary

12. perk up – to become happier, more energetic, or more active

13. hang with me – continue to listen to me

14. punch line – the last part of a story or a joke that explains the meaning of what has happened previously or makes it funny

15. take-away – a main message or piece of information that you learn from something you hear or read

16. prearranged – planned or prepared at an earlier time
17. **payoff** – a benefit; the return on an investment

18. **indulging** – allowing yourself or someone else to have something enjoyable

19. **dividends** – good results at a time in the future

20. **invaluable** – extremely useful; priceless

21. **insight** – a clear, deep, and sometimes sudden understanding of a complicated problem or situation, or the ability to have such an understanding

22. **glazed-over** – having a dull, bored appearance
Chapter 50 – Kids Need Their Mom to Teach Them to Not Be Easily Offended

1. offended – being upset or having hurt feelings because someone seemed to be rude or not show respect

2. take something personally – to interpret a remark as if it were mean or critical about oneself

3. out to get someone – intending to harm someone in particular

4. gonna – going to

5. smirking – smiling in a way that expresses satisfaction with yourself or pleasure about having done something or knowing something that is not known by someone else

6. to take offense – to feel offended by something that someone has done or said

7. too bad for them – used to say that you do not care

8. arrrgh – expression of anger or frustration

9. righteous anger – anger that arises from an accurate perception of true evil, not from being inconvenienced or from violations of personal preference; it focuses on how people offend God and his name, not me and my name; it remains self-controlled

10. atrocities – extremely cruel acts

11. bitterness – anger and disappointment at being treated unfairly; resentment

12. defile – spoil the goodness or beauty of something

13. grievances – complaints or strong feelings that you have been treated unfairly

14. grudges – strong feelings of anger and dislike for a person who treated you badly
15. rehashing – presenting something old in a new way or form without any real change or improvement

16. own – admit or acknowledge that something is the case or that one feels a certain way

17. give someone the benefit of the doubt – to believe something good about someone, rather than something bad, when you have the possibility of doing either

18. short – rude and unfriendly when speaking to someone
52 Things Kids Need from a Mom
Chapter 52 – Kids Need Their Mom to Teach Them a Gracious and Generous Hospitality

1. gracious – behaving in a polite, kind, and generous way
2. hospitality – friendly and kind behavior towards visitors
3. hospitable – friendly, welcoming, and generous to visitors
4. little did I know – used for saying that someone did not know/realize that something was true
5. outworking – the action or process by which something is brought to completion
6. company – a guest or guests
7. love on – to show someone that you care about them by using encouraging and affirming words, or by putting an arm around them or giving them a hug, or even just by spending quality time with them to show you care
8. readied – prepared (someone or something) for an activity or purpose
9. woohoo – an exclamation of joy, approval, excitement etc.
10. come-as-you-are – come as you are dressed in that moment
11. stingy – not generous
12. unclenching – relaxing or releasing a tight hold (of hands, teeth or jaws)
13. bestowing – giving something as an honor or a present
14. rations – limited amount (of something) that one person is allowed to have especially when there is not much of it available
15. snuggly (adj.) – comfortable, warm, and cozy [contrast with snugly (v.) – in a very tight way]
16. get in on (something) – to become involved in something that other people are doing that is fun or interesting, or that makes money